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ABSTRACT

This study was undertaken to obtain information on the alcohol consumption patterns of Central Michigan University undergraduates from the perspectives of the students themselves, residence hall staff, and academic faculty. Data were collected from 836 undergraduates, 113 residence hall staff members, and 96 faculty members. The student sample completed the Student Alcohol Usage Questionnaire; the residence hall staff and faculty samples completed the Observations Regarding Student Usage of Alcohol Questionnaire. The results revealed that most students reported consuming alcohol and that alcohol consumption resulted in problem behavior for many. Respondents indicated to varying degrees that they felt alcohol consumption was a problem for undergraduates at the university and that they were interested in learning more about alcohol-related issues. Most respondents felt that alcohol problems resulted in community residents having a negative image of the university. There was variable support for increased expenditures by the university for alcohol education and prevention. There was also support for having an alcohol education specialist on the staff. Additional evidence suggests that a significant number of students experienced problems due to using drugs other than alcohol, primarily marijuana and cocaine. Data tables and questionnaires used in the study are included, including responses. (NB)

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ED 293 044

AN EXAMINATION OF ALCOHOL AND OTHER DRUG USAGE

By

CENTRAL MICHIGAN UNIVERSITY UNDERGRADUATE STUDENTS

May 1986

CG 020692

By

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INTRODUCTION*

The purpose of this study was to obtain information on the alcohol consumption patterns of current CMU undergraduate students from the perspectives of the students themselves, residence hall staff and academic faculty. This study was essentially a replication and extension of the Rapaport, Cooper and Leemaster (1984) research undertaken on this campus. In addition, preliminary data was collected on student usage of drugs other than alcohol.

METHOD

Student Sample

Data was collected from 836 undergraduate students in 31 classes. Classes were chosen such that they represented each of the university's college and schools and were balanced as much as possible by level. Students were allowed class time to voluntarily complete and return the questionnaire.

Residence Hall Staff Sample

All residence hall staff members were given the opportunity to complete and return a questionnaire on their observations of undergraduate student alcohol consumption and other drug usage. Staff meeting time at each residence hall was used to administer the survey instrument, which was returned through campus mail. One hundred thirteen (113) of 149 residence hall staff members returned questionnaires for a 76% response rate.

Faculty Sample

A random sample of one-fourth of CMU's academic faculty were also sent through campus mail the survey concerning their observation of undergraduate student alcohol consumption and other drug usage. A reminder letter was sent one week later. Ninty-six (96) of the 214 faculty members surveyed returned the questionnaire for a 45% response rate.

Questionnaires

The "Student Alcohol Usage Questionnaire" included 14 items concerning respondent use of alcohol and other drugs and respondents observations of the consequence of alcohol use for self or others, and eight (8) demographic items. The student sample completed this questionnaire. The "Observations Regarding Student Usage of Alcohol Questionnaire" included 83 items concerning the respondents observation of alcohol and other drug use among undergraduate students and the consequences thereof and five (5) demographic items. The Residence Hall Staff and Faculty samples completed this survey. Each questionnaire is found in the appendix.

*Data collection and compilation was coordinated by Susan Baker.

RESULTS

Sample

Table 1 displays a breakdown of both the 1984 and 1986 survey sample in comparison to the demographics of the university the same year. Note that the 1986 sample over represents freshmen (44% of the sample vs. 24% of the university undergraduate population) and residence hall residents (64% of the sample vs. 47% of the university undergraduate population). In addition, men are over represented in the sample relative to the university population (49% vs. 45%) while the following are under represented: women (51% in the sample vs. 55% in the population), white, non Hispanics (93% sample vs. 96% undergraduate population), sophomores (19% sample vs. 24% undergraduate population), juniors (17% sample vs. 23% undergraduate population), and seniors (21% sample vs. 28% undergraduate population).

Survey Results

A summary of the data collected is displayed in Tables 2, 3 and 4 and frequencies for all items endorsed are found in the appendix. Data is displayed in these tables so that the 1984 and 1986 data can be easily compared. The first number is the 1986 percent and the second number is the 1984 percent.

An examination of these tables show that most CMU students consume alcohol and that alcohol consumption results in problem behavior for many. Student, residence hall staff and faculty respondents indicated to varying degrees that they felt alcohol consumption is a problem for our undergraduate students and that they were interested in learning more about alcohol related issues. Most respondents felt that alcohol problems on our campus resulted in Mt. Pleasant residents having a negative image of CMU. There was variable support for increased expenditures by CMU for alcohol education and prevention. There was also support for having an alcohol education specialist on the CMU staff. There is also evidence to suggest a significant number of our students experience problems in their lives due to using drugs other than alcohol, primarily marijuana and cocaine.

CONCLUSION

The majority of our students do not experience problems associated with their alcohol or other drug use. However, the proportion of our students who do experience such problems is significant. Consequently, coordinated efforts to reduce and prevent alcohol and other drug abuse and provide assistance for individuals in trouble due to their drug use is appropriate.

Table 1.

Comparison of Respondent Sample and University Undergraduate Population

	University Population 1986 (N=13,417)	University Population 1984 (N=13,420)	Respondent Sample 1986 (N=836)	Respondent Sample 1984 (N=927)
Sex				
Male	45	45	49	40
Female	55	55	51	60
Ethnic Group				
Black, Non-Hispanic	2	2	2	4
American Indian	.4	.4	3	2
Hispanic	.9	.7	1	2
Asian or Pacific Islander	.3	.2	1	1
White, Non-Hispanic	96	97	93	90
Class				
Freshman	24	23	44	19
Sophomores	24	22	19	20
Juniors	23	25	17	23
Seniors	28	30	21	38
Housing				
Residence Hall	47	45	64	45
Other	53	55	36	55

Note: Table entries are percentages.

Table 2.

CMU Undergraduate Students' Self Report of Their Alcohol Usage

(Note: The first number represents the 1986 percentages. N = 836 undergraduate students from 31 classes. The second number represents 1984 percentages. N = 927 undergraduate students from 28 classes).

1. When drinking alcohol, 30/22% of the respondents indicated they drank 6 or more drinks, 30/30% 4-5 drinks, 26/32% 2-3 drinks while 9/8% stated they do not drink alcohol.

2. Twenty-one/eighteen percent of the respondents indicated they get intoxicated two or three times a week, 31/29% about once a week, 31/35% less than or about once a month while 16/18% indicated they never or only once or twice in their whole lives have become intoxicated.

3. Students drink in a wide variety of settings. Seventy-nine/eighty-three percent of the respondents drink at night clubs or bars, 74/74% at parties or TGs, 35/48% at restaurants. Most students drink where they live or where friends live.

4. Fifty-nine/sixty-one percent of the respondents have drunk before driving, 40/38% while driving, 42/41% have driven while drunk.

5. Thirteen/eleven percent of the respondents have drunk before class.

6. Respondents drink alcohol for a variety of reasons: 66/72% like the taste, 65/64% because it relaxes them or makes them feel good, 51/50% to be more sociable, 49/48% because they feel good, 45/38% to get drunk, 21/19% because they feel it is expected of them in certain situations, 22/17% in order not to be shy, 14/15% because they are bored, 8/6% to deal with feelings and 16/13% to help forget disappointments.

7. Respondents indicated they had experienced a variety of consequences of their drinking: 37/34% had done something they later regretted, 24/18% loss of memory, 10/7% blackouts, 36/32% had bad hangovers, 25/18% interference with class preparation, 17/12% interference with exam preparation, 16/12% conflicts with close friends of the same sex, 22/17% conflicts with friends of the opposite sex. Eight/five percent of the respondents indicated they had damaged CMU property, 11/8% indicated they had damaged property not belonging to CMU and 18/16% indicated that their drinking caused them to forego other things because of the expense of alcoholic beverages.

8. Many respondents indicated their parents (18/18%), relative(s) other than parents (41/37%) or friends at CMU (43/43%) have/had a drinking problem.

9. Six-tenths percent of the respondents indicated that they are recovering alcoholics. Ten percent admitted that they have/had a drinking problem.

Table 2 (continued)

10. Forty-four/forty-four percent of the respondents indicated they knew a student whose academic performance had been interfered with due to alcohol usage, 49/56% knew of alcohol related residence hall damage and 67/67% believed that alcohol related problems and disturbances have caused Mt. Pleasant residents to have a negative image of CMU.

11. Thirty-three/twenty-nine percent of respondents indicated that they felt there has been an increase in alcohol related student problems at CMU during the last few years, 32/33% indicated that they felt CMU should budget additional funds (other than for personnel) for alcohol education and prevention, 41/41% felt that an alcohol education specialist should be put on the CMU staff.

12. Respondents indicated a desire to learn more about the drug alcohol (34/38%); how to help others who have alcohol problems (43/44%); how to recognize, identify and refer an individual with an alcohol problem (36/41%); how to help intoxicated family or friends (42/49%); ways of using alcohol which are positive and not potentially harmful (37/41%); social activities where alcohol is not a primary focus (18/19%); and responsible drinking (28/26%). Sixty-one percent of the respondents indicated they were aware of Alcohol Awareness Week at CMU during the fall semester, 1985.

13. If they had an alcohol problem, respondents indicated they would seek help from their boyfriend or girlfriend (58/55%), friends (68/58%), parents (43/44%), siblings (47/41%), Alcoholics Anonymous (26/34%), and the CMU Counseling Center (19/24%).

Note: The following information was not surveyed in the 1984 study, therefore, the number represents 1986 responses.

14. Three percent of the respondents indicated they used marijuana daily, 4% two or three times a week, 6% about once a week, 23% less than or about once a month and 63% indicated they never or only once or twice in their whole lives have used marijuana.

15. None of the respondents indicated they use cocaine daily, 9% less than or about once a month and 91% indicated they never or only once or twice in their whole lives have used cocaine.

16. None of the respondents indicated that they use drugs other than alcohol, marijuana or cocaine for recreational or non-medical purposes daily, or two or three times a week, 1% about once a week, 10% less than or about once a month and 88% indicated they never or only once or twice in their whole lives used other drugs for recreational purposes.

17. Many respondents indicated that they know of (a) CMU student(s) whose use of marijuana (37%); cocaine (12%); drugs other than alcohol, marijuana or cocaine (13%) has interfered with school, health, work, friendships, leisure time activities, or relationships with family.

Table 2 (continued)

18. One percent of the respondents indicated that they have a chemical dependency problem. Some indicated that their use of marijuana (5%); cocaine (1%); drugs other than alcohol, marijuana or cocaine (2%) has interfered with school, health, work or relationships with friends and family.

Table 3.

Faculty Observations Regarding CMU Undergraduate Student Alcohol Usage

(Note: The first number represents the 1986 percentages. N=96 of 214 potential survey respondents resulting in a 45% response rate. The second number represents the 1984 percentages. N=92 of 177 potential survey respondents resulting in a 52% response rate.)

1. Forty-four/forty percent of the respondents have observed alcohol related damage to CMU property while 47/47% of the respondents have observed alcohol related damage to property not belonging to CMU.

2. Fifty-nine/fifty-nine percent of the respondents have observed alcohol related interference with students' class attendance while 38/44% have observed alcohol related interference with students' exam preparation and academic performance.

3. Respondents indicated their parent(s) (19/19%), relative(s) other than parents (37/39%), friends at CMU (46/42%) and friends other than CMU friends (54/55%), have/had a drinking problem. Forty/forty-four percent indicated they know a CMU student who has/had a drinking problem.

4. Fourteen/twelve percent of the respondents indicated they know a former CMU student who left CMU in part due to an alcohol problem.

5. Eighty-three/seventy-nine percent of the respondents indicated they felt Mt. Pleasant residents have a negative image of CMU due to alcohol related problems and disturbance by some CMU students.

6. Forty-two/fifty-eight percent of the respondents felt there has been an increase in alcohol related student problems at CMU during the last few years. Some respondents indicated that CMU should budget additional funds other than for personnel (42/38%) and for personnel (42/35%) for alcohol education and prevention.

7. Many respondents indicated a desire to learn more about campus (CMU resources available for students and faculty with alcohol problems (41/40%); how to recognize, identify and refer an individual with an alcohol problem (38/40%); how to help a student, friend or family member who has a drinking problem (33/38%); how to help family or friends who are intoxicated (27/33%); CMU alcohol policy (25/29%) and ways of using alcohol which are positive and not potentially harmful (28/24%).

8. Respondents indicated they would feel comfortable referring a person with an alcohol problem to the CMU Counseling Center (81/78%), Alcoholics Anonymous (70/71%), Family Counseling Services of Central Michigan (39/49%), Central Michigan Community Hospital - Mental Health Program (31/45%), a religious leader at CMU (16/42%), Central Michigan Mental Health Clinic (33/41%), Mt. Pleasant Counseling Services (39/36%) and Ojibwa Substance Abuse Services (31/35%).

Table 3 (continued)

(Note: The following information was not surveyed in the 1984 study, therefore, the numbers represent 1986 responses.)

9. Twenty-six percent of the respondents indicated that they knew of (a) CMU student(s) whose use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationships with family. Five percent indicated they knew of these same problems in (a) CMU student(s) who uses cocaine. Twelve percent indicated they knew of these same problems in (a) CMU student(s) who uses drugs other than alcohol, marijuana or cocaine.

Table 4.

Residence Hall Staff Observations Regarding CMU Undergraduate Student Alcohol Usage

(Note: The first number represents the 1986 percentages. N=113 residence hall staff members out of 149 possible respondents. The second number represents the 1984 percentage. N=117 residence hall staff members present at a training meeting held the week prior to winter semester 1984.)

1. Ninty-five/ninty-five percent of the respondents have observed alcohol related damage to CMU property while 74/89% of the respondents have observed alcohol related damage to property not belonging to CMU.

2. Eighty-two/eighty-four percent of the respondents have observed alcohol related interference with students' class attendance while a slightly smaller number (72/76%) have observed alcohol related interference with students' exam preparation.

3. Many respondents indicated their parents (22/21%), relatives other than parents (58/49%), friends at CMU (74/67%), or friends other than CMU friends (67/66%), have/had a drinking problem.

4. Twenty-six/thirty-five percent of the respondents indicated they knew a former CMU student who left CMU in part due to an alcohol related problem.

5. Eighty-six/seventy-seven percent of the respondents indicated they felt Mt. Pleasant residents have a negative image of CMU due to alcohol related problems and disturbances by some CMU students.

6. Approximately 66/65% of the respondents felt CMU should budget additional funds for alcohol education and prevention and 77/68% of the respondents agreed with the statement "An alcohol education specialist should be on the CMU staff."

7. Most respondents indicated a desire to learn more about how to help family or friends who are so intoxicated they have lost control of their behavior (81/77%); ways of using alcohol which are positive and not potentially harmful (69/69%); how to help a student, friend or family member who has a drinking problem (81/74%); how to recognize, identify and refer an individual with an alcohol problem (84/72%); campus (CMU) resources available for students and faculty with alcohol problems (52/62%); how to live with an alcoholic spouse, parent, relative or roommate (58/56%); the drug alcohol (51/53%); driving when intoxicated (43/53%); alcohol related antisocial or destructive behavior, including rapes and suicide (67/54%); and social activities where alcohol is not a primary focus (61/59%).

Table 4 (continued)

8. Respondents indicated they would feel comfortable referring a person with an alcohol problem to the CMU Counseling Center (97/79%), RHD (83/74%), RA (86/72%), Alcoholics Anonymous (68/71%), religious leader at CMU (45/56%), Al-Anon (53/65%) and Mt. Pleasant Counseling Services (51/56%).

(Note: The following information was not surveyed in the 1984 study, therefore, the numbers represent 1986 responses.)

9. Seventy-four percent of the respondents indicated that they knew of (a) CMU student(s) whose use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationships with family. Thirty-five percent indicated they knew of these same problems in (a) CMU student(s) who uses cocaine. Thirty-five percent indicated they knew of these same problems in (a) CMU student(s) who uses drugs other than alcohol, marijuana or cocaine.

APPENDIX

Student Alcohol Usage Questionnaire and Student Data

Observations Regarding Student Usage of Alcohol Questionnaire - Faculty Data

Observations Regarding Student Usage of Alcohol Questionnaire - Residence Hall Staff Data

STUDENT
ALCOHOL USAGE
QUESTIONNAIRE
N = 836

(Note: Numbers in blanks are percents.)

Fill in the number on the computer readable scoring sheet for the *one* response that applies to you.

1. When you drink alcohol, about how many drinks do you have? (one drink = 1 oz. of hard liquor; 1 bottle of beer; or one 4 oz. glass of wine)

   1. 9 none/don't drink
   2. 6 1 drink
   3. 26 2 - 3 drinks
   4. 30 4 - 5 drinks
   5. 30 6 or more drinks

   Missing data = 2

2. How often do you get intoxicated?

   1. 16 never, once or twice in whole life
   2. 31 less than or about once a month
   3. 31 about once a week
   4. 21 two or three times a week
   5. .5 daily

   Missing data = 2

3. Were you aware of alcohol awareness week at CMU during the fall semester, 1985?

   1. 61 yes
   2. 38 no

   Missing data = 5

4. Were you aware of our "operation holiday" campaign at CMU during fall semester, 1985?

   1. 10 yes
   2. 89 no

   Missing data = 11

Fill in the number "1" on the computer readable scanning sheet for *each* of the following statements about drinking alcohol that apply to you now or since the beginning of the fall semester, 1985.

5. .6 am a recovering alcoholic
6. 10 don't drink alcohol (*go to question #24*)
7. 11 drink when alone
8. 51 drink where I live in residence hall
9. 31 drink where I live off campus
10. 47 drink where friends live in residence hall
11. 68 drink where friends live off campus
12. 50 drink at parents' or relatives' residence
13. 79 drink at night clubs or bars
14. 47 drink at sorority or fraternity house
15. 74 drink at parties or TGs
16. 35 drink at restaurants
17. 3 drink in the morning
18. 24 drink in the afternoon
19. 83 drink in the evening
20. 59 have drunk before driving
21. 40 have drunk while driving
22. 42 have driven while drunk
23. 13 have drunk before class

Fill in the number "1" on the scanning sheet for *each* of the following possible reasons for drinking alcohol that apply to you currently or have applied to you since the beginning of fall semester, 1985.

24. 10 don't drink alcohol (*go to question #48*)
25. 66 like the taste
26. 21 feel it is expected of me in certain situations
27. 65 it relaxes me or makes me feel good
28. 21 because I feel nervous, tense, full of worries or problems
29. 16 because I feel sad
30. 49 because I feel good
31. 11 because I feel lonely
32. 2 to help me study
33. 14 to get along better on dates
34. 26 to relieve fatigue or tension
35. 51 to be more sociable
36. 6 to relieve aches or pains
37. 22 in order to not be shy
38. 8 for a sense of well being
39. 16 to help forget disappointments
40. 23 to get high
41. 45 to get drunk
42. 8 to deal with feelings
43. 2 because I'm scared
44. 2 because life is meaningless
45. 1 because I have no goals, direction or purpose
46. 14 because I'm bored
47. 3 because nuclear or biological annihilation will probably be the fate of mankind during my lifetime

Turn to next page . . .

Fill in the number "1" on the scanning sheet for *each* of the following possible consequences of drinking alcohol that apply to you currently or have applied to you since the beginning of the fall semester, 1985.

48. 8 damaged CMU property
49. 11 damaged property that did not belong to CMU
50. 25 interferred with my class attendance
51. 17 interferred with my preparation for exams
52. 22 caused conflict with close friend(s) of the opposite sex
53. 16 caused conflict with close friend(s) of the same sex
54. 7 damaged other friendships
55. 3 caused me to miss appointments
56. .5 caused me to lose job(s)
57. 5 caused accident to myself or others
58. 18 caused me to forego other things because of the expense of alcoholic beverages
59. 36 bad hangover(s)
60. 24 loss of memory
61. 10 blackouts
62. 37 doing something later regretted

Read the following information before responding to questions 63-70. According to "The Whole College Catalog About Drinking" (1977) any of the following criteria indicate that a person has a drinking problem:

1. Anyone who must drink in order to function or to cope with life has a drinking problem.
2. Anyone who by his or her own personal definition, or that of his family and friends, frequently drinks to a state of intoxication has a drinking problem.
3. Anyone who goes to work or school intoxicated has a drinking problem.
4. Anyone who is intoxicated while driving a car has a drinking problem.
5. Anyone who sustains a bodily injury which requires medical attention as a consequence of an intoxicated state has a drinking problem.
6. Anyone who comes into conflict with the law as a consequence of an intoxicated state has a drinking problem.
7. Anyone who, under the influence of alcohol does something he avows he would never have done without alcohol has a drinking problem.

In short, a drinking problem exists if we need alcohol in order to function, or if we use alcohol in such a way that it impairs our functioning. (p. 10)

Fill in the number "1" on the scanning sheet for *each* of the following statements that apply to you.

63. 18 parent(s) have/had a drinking problem
64. 41 relative(s) other than parents have/had a drinking problem
65. 43 friend(s) at CMU have/had a drinking problem
66. 49 friend(s) other than CMU friend(s) have/had a drinking problem
67. 38 I know a CMU student who has/had a drinking problem
68. 44 my drinking since coming to CMU has increased
69. 23 my drinking since coming to CMU has decreased
70. 10 I have/had a drinking problem.

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

71. 33 There has been an increase in alcohol related student problems at CMU during the last few years.
72. 32 CMU should budget additional funds (other than for personnel) for alcohol education and prevention.
73. 29 CMU should budget additional funds for personnel to work on alcohol education and prevention.
74. 41 An alcohol education specialist should be on the CMU staff.
75. 8 I know a former CMU student who left CMU in part due to an alcohol related problem.
76. 44 I know a student whose academic performance has been interferred with due to alcohol usage.
77. 49 I know of damage to residence hall property that occurred as a result of drinking alcohol.
78. 6 I know a student who was expelled from CMU due to an alcohol related disciplinary action.

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

Alcohol related problems and disturbances by some CMU students have caused:

79. 67 Mt. Pleasant residents to have a negative image of CMU.
80. 29 the CMU Board of Trustees to have a negative image of CMU.
81. 23 the Michigan State Legislature to have a negative image of CMU.
82. 18 CMU alumni to have a negative image of CMU.
83. 35 parents of current CMU students to have a negative image of CMU.

Fill in the number "1" on the scanning sheet for *each* of the following topics you would like to learn more about.

84. 34 the drug alcohol, its absorption, effects, metabolism, and related behavioral changes
85. 23 driving when intoxicated

Turn to next page . . .

86. 25 alcohol related intoxicated behavior
87. 29 alcohol related antisocial or destructive behavior, including rapes or suicide
88. 42 how to help family or friends who are so intoxicated they have lost control of their behavior
89. 37 ways of using alcohol which are positive and not potentially harmful
90. 28 the effects of alcohol consumption on physical or psychological health
91. 18 social activities where alcohol is not a primary focus
92. 28 responsible drinking
93. 11 alcoholism
94. 16 choosing not to drink
95. 14 campus (CMU) resources available for students and faculty with alcohol problems
96. 10 community resources (other than CMU) available for students and faculty with alcohol problems
97. 6 how to become involved in an alcohol education and responsible drinking program at CMU
98. 6 how to become involved in a drug education and drug abuse program at CMU
99. 12 chemical dependency
100. 43 how to help a student, friend or family member who has a drinking problem
101. 15 CMU alcohol policy
102. 19 how to live with an alcoholic spouse, parent, relative or roommate
103. 36 how to recognize, identify and refer an individual with an alcohol problem

For each of the following people or places you could go for help with an alcohol problem, fill in the number "1" on the scanning sheet for those places you would feel comfortable going to for help.

104. 2 I feel no one would be helpful
105. 5 I would not seek help
106. 43 parent(s)
107. 47 brother(s) or sister(s)
108. 58 boyfriend or girlfriend
109. 68 friend(s)
110. 13 Resident Assistant (RA)
111. 5 Residence Hall Director (RHD)
112. 6 CMU instructor or professor
113. 1 CMU administrator
114. 8 high school counselor
115. 12 high school teacher
116. 9 religious leader at CMU
117. 17 religious leader elsewhere
118. 2 Wesley Foundation
119. 19 CMU Counseling Center
120. 6 Family Counseling Services of Central Michigan
121. 6 Mt. Pleasant Counseling Services
122. 4 Ojibwa Substance Abuse Service
123. 4 Central Michigan Community Hospital - Mental Health Program
124. 3 Central Michigan Mental Health Clinic
125. 3 Counseling Center - Alma
126. 1 New Horizons Behavioral Guidance & Consultation Service
127. 2 Professional Christian Counseling - Ithaca
128. 26 Alcoholics Anonymous
129. 9 Al-Anon

Fill in the number "1" on the computer readable scanning sheet for each of the following statements about using drugs other than alcohol for recreational or non-medical purposes, that apply to you since the beginning of fall semester, 1985.

130. 1 have a chemical dependency problem
131. 57 don't use drugs
132. 7 don't know anyone at CMU who uses drugs other than alcohol
133. 5 My use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
134. 1 My use of cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
135. 2 My use of drugs other than alcohol, marijuana or cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
136. 37 I know of (a) CMU student(s) whose use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
137. 12 I know of (a) CMU student(s) whose use of cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
138. 13 I know of (a) CMU student(s) whose use of drugs other than alcohol, marijuana or cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.

139. How often do you use marijuana (pot, grass, thaistick, hash, weed)?

1. 63 never, once or twice in whole life
2. 23 less than or about once a month
3. 6 about once a week
4. 4 two or three times a week
5. 3 daily

Missing data = 28

140. How often do you use cocaine (coke)?

1. 91 never, once or twice in whole life
2. 9 less than or about once a month
3. 0 about once a week
4. 0 two or three times a week
5. 0 daily

Missing data = 33

141. How often do you use drugs other than alcohol, marijuana or cocaine for recreational or non-medical purposes?

1. 88 never, once or twice in whole life
2. 10 less than or about once a month
3. 1 about once a week
4. 0 two or three times a week
5. 0 daily

Missing data = 34

Turn to next page . . .

The following information would be useful to us for data analysis purposes. Fill in the appropriate space on the scanning sheet for the one response which applies to you.

142. College or school

1. 23 College of Arts and Sciences
2. 33 School of Business Administration
3. 16 School of Education, Health and Human Services
4. 14 Decided, though major not signed yet
5. 14 Undecided

Missing data = 3

143. Racial/Ethnic Group

1. 2 American Indian or Alaskan Native
2. 3 Black, not of Hispanic origin
3. 1 Hispanic
4. 1 Asian or Pacific Islander
5. 93 White, not of Hispanic origin

Missing data = 8

144. Class

1. 44 Freshman
2. 19 Sophomore
3. 17 Junior
4. 21 Senior
5. 0 Graduate

Missing data = 3

145. Grade Point Average

1. .6 0.0 - 0.9
2. 6 1.0 - 1.9
3. 52 2.0 - 2.9
4. 42 3.0 - 4.0

Missing data = 6

146. Type of Residence Hall Where You Live

1. 28 Co-ed Residence Hall
2. 15 All Male Residence Hall
3. 21 All Female Residence Hall
4. 36 I do not live in a Residence Hall

Missing data = 2

147. Sex

1. 49 male
2. 51 female

Missing data = 2

148. Specify:

1. ___ Faculty
2. ___ RHD
3. ___ RA
4. 100 Student

Missing data = 8

149. Current Residence

1. 63 residence hall
2. 3 married student housing
3. 1 fraternity or sorority
4. 5 off campus with parents
5. 28 off campus alone or with roommates

Missing data = 7

150. Age

1. 23 18 and below
2. 45 19 - 20
3. 23 21 - 22
4. 4 23 - 24
5. 4 25 and above

Missing data = 7

Thank you for taking time to complete and return this questionnaire.

Faculty

OBSERVATIONS REGARDING
STUDENT USAGE OF ALCOHOL
QUESTIONNAIRE

N = 96

(Note: Numbers in blanks are percents.)

Use a number "2" lead pencil to indicate your responses on the computer readable scanning sheet accompanying this questionnaire.

Fill in the number "1" on the computer readable scanning sheet for *each* of the following possible consequences of student drinking of alcohol that you have observed in your role as a CMU faculty member, RHD, or RA.

1. 44 damage to CMU property
2. 47 damage to property that did not belong to CMU
3. 59 interference with student's class attendance
4. 38 interference with student's preparation for exams
5. 25 conflict with student's close friends of the opposite sex
6. 23 conflict with student's close friends of the same sex
7. 19 damage to student's other friendships
8. 24 caused student to miss appointments
9. 7 caused student to lose job(s)
10. 32 caused accident to student or others
11. 20 caused student to forego other things because of the expense of alcoholic beverages
12. 53 bad hangover(s)
13. 12 loss of memory
14. 6 blackouts
15. 34 student doing something later regretted

Read the following information before responding to questions 16-20. According to "The Whole College Catalog About Drinking" (1977) any of the following criteria indicate that a person has a drinking problem:

1. Anyone who must drink in order to function or to cope with life has a drinking problem.
2. Anyone who by his or her own personal definition, or that of his family and friends, frequently drinks to a state of intoxication has a drinking problem.
3. Anyone who goes to work or school intoxicated has a drinking problem.
4. Anyone who is intoxicated while driving a car has a drinking problem.
5. Anyone who sustains a bodily injury which requires medical attention as a consequence of an intoxicated state has a drinking problem.
6. Anyone who comes into conflict with the law as a consequence of an intoxicated state has a drinking problem.
7. Anyone who, under the influence of alcohol does something he avows he would never have done without alcohol has a drinking problem.

In short, a drinking problem exists if we need alcohol in order to function, or if we use alcohol in such a way that it impairs our functioning. (p. 10)

Fill in the number "1 on the scanning sheet for *each* of the following statements that apply to you.

16. 19 parent(s) have/had a drinking problem
17. 37 relative(s) other than parents have/had a drinking problem
18. 46 friend(s) at CMU have/had a drinking problem
19. 54 friend(s) other than CMU friend(s) have/had a drinking problem
20. 40 I know a CMU student who has/had a drinking problem

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

21. 42 There has been an increase in alcohol related student problems at CMU during the last few years.
22. 42 CMU should budget additional funds (other than for personnel) for alcohol education and prevention.
23. 42 CMU should budget additional funds for personnel to work on alcohol education and prevention.
24. 30 An alcohol education specialist should be on the CMU staff.
25. 14 I know a former CMU student who left CMU in part due to an alcohol related problem.
26. 30 I know a student whose academic performance has been interfered with due to alcohol usage.
27. 24 I know of damage to residence hall property that occurred as a result of drinking alcohol.
28. 7 I know a student who was expelled from CMU due to an alcohol related disciplinary action.

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

Alcohol related problems and disturbances by some CMU students have caused:

29. 83 Mt. Pleasant residents to have a negative image of CMU.
30. 27 the CMU Board of Trustees to have a negative image of CMU.
31. 37 the Michigan State Legislature to have a negative image of CMU.
32. 44 CMU alumni to have a negative image of CMU.
33. 49 Parents of current CMU students to have a negative image of CMU.

Turn to next page . . .

Fill in the number "1" on the scanning sheet for each of the following topics you would like to learn more about.

34. 19 the drug alcohol, its absorption, effects, metabolism, and related behavioral changes
35. 9 driving when intoxicated
36. 13 alcohol related intoxicated behavior
37. 22 alcohol related antisocial or destructive behavior, including rapes or suicide
38. 27 how to help family or friends who are so intoxicated they have lost control of their behavior
39. 28 ways of using alcohol which are positive and not potentially harmful
40. 21 the effects of alcohol consumption of physical or psychological health
41. 21 social activities where alcohol is not a primary focus
42. 20 responsible drinking
43. 2 alcoholism
44. 25 choosing not to drink
45. 41 campus (CMU) resources available for students and faculty with alcohol problems
46. 33 community resources (other than CMU) available for students and faculty with alcohol problems
47. 3 how to become involved in an alcohol education and responsible drinking program at CMU
48. 7 how to become involved in a drug education and drug abuse program at CMU
49. 6 chemical dependency
50. 33 how to help a student, friend or family member who has a drinking problem
51. 25 CMU alcohol policy
52. 13 how to live with an alcoholic spouse, parent, relative or roommate
53. 38 how to recognize, identify and refer an individual with an alcohol problem

For *each* of the following people or places you could refer a person with an alcohol problem, fill in the number "1" on the scanning sheet for those places you would feel comfortable referring a CMU student.

54. 1 I feel no one would be helpful
55. 5 The student would not seek help
56. 14 parent(s)
57. 7 brother(s) or sister(s)
58. 9 husband or wife
59. 23 friend(s)
60. 24 Resident Assistant (RA)
61. 29 Residence Hall Director (RHD)
62. 20 CMU instructor or professor
63. 5 CMU administrator
64. 9 high school counselor
65. 5 high school teacher
66. 19 religious leader at CMU
67. 16 religious leader elsewhere
68. 12 Wesley Foundation
69. 81 CMU Counseling Center
70. 39 Family Counseling Services of Central
71. Michigan
72. 39 Mt. Pleasant Counseling Services
73. 31 Ojibwa Substance Abuse Services
74. 31 Central Michigan Community Hospital - Mental Health Program
75. 33 Central Michigan Mental Health Clinic
76. 23 Counseling Center - Alma
77. 5 New Horizons Behavioral Guidance & Consultation Services
78. 7 Professional Christian Counseling - Ithaca
79. 70 Alcoholics Anonymous
80. 47 Al-Anon

Fill in the number "1" on the computer readable scanning sheet for *each* of the following statements about students using drugs other than alcohol for recreational or non-medical purposes, that you have observed in your role as a CMU faculty member, RHD, or RA.

81. 26 I know of (a) CMU student(s) whose use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
82. 5 I know of (a) CMU student(s) whose use of cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
83. 12 I know of (a) CMU student(s) whose use of drugs other than alcohol, marijuana or cocaine has interfered with school, health, work, friendships, leisure time activities or relationship with family.

The following information would be useful to us for data analysis purposes. Fill in the appropriate space on the scanning sheet for the *one* response which applies to you.

84. College or school affiliation

1. 52 College of Arts & Sciences
2. 16 School of Business Administration
3. 30 School of Education, Health and Human Services
4. 1 Not applicable

Missing data = 1

85. Racial/Ethnic Background

1. 1 American Indian or Alaskan Native
2. 0 Black, not of Hispanic origin
3. 0 Hispanic
4. 3 Asian or Pacific Islander
5. 96 White, not of Hispanic origin

Missing data = 3

86. Sex

1. 57 male
2. 43 female

Missing data = 2

87. Specify the <u>one</u> most appropriate designation

1. 100 Faculty
2. ___ RHD
3. ___ RA
4. ___ Student only

Missing data = 2

<u>RHDs and RAs only</u>.

88. Current Residence

1. ___ co-ed residence hall
2. ___ all male residence hall
3. ___ all female residence hall

Residence Hall Staff

OBSERVATIONS REGARDING
STUDENT USAGE OF ALCOHOL
QUESTIONNAIRE

N = 113

(Note: Numbers in blanks are percents.)

Use a number "2" lead pencil to indicate your responses on the computer readable scanning sheet accompanying this questionnaire.

Fill in the number "1" on the computer readable scanning sheet for *each* of the following possible consequences of student drinking of alcohol that you have observed in your role as a CMU faculty member, RHD, or RA.

1. 95 damage to CMU property
2. 74 damage to property that did not belong to CMU
3. 82 interference with student's class attendance
4. 72 interference with student's preparation for exams
5. 78 conflict with student's close friends of the opposite sex
6. 82 conflict with student's close friends of the same sex
7. 69 damage to student's other friendships
8. 49 caused student to miss appointments
9. 30 caused student to lose job(s)
10. 71 caused accident to student or others
11. 67 caused student to forego other things because of the expense of alcoholic beverages
12. 96 bad hangover(s)
13. 75 loss of memory
14. 58 blackouts
15. 92 student doing something later regretted

Read the following information before responding to questions 16-20. According to "The Whole College Catalog About Drinking" (1977) any of the following criteria indicate that a person has a drinking problem:

1. Anyone who must drink in order to function or to cope with life has a drinking problem.
2. Anyone who by his or her own personal definition, or that of his family and friends, frequently drinks to a state of intoxication has a drinking problem.
3. Anyone who goes to work or school intoxicated has a drinking problem.
4. Anyone who is intoxicated while driving a car has a drinking problem.
5. Anyone who sustains a bodily injury which requires medical attention as a consequence of an intoxicated state has a drinking problem.
6. Anyone who comes into conflict with the law as a consequence of an intoxicated state has a drinking problem.
7. Anyone who, under the influence of alcohol does something he avows he would never have done without alcohol has a drinking problem.

In short, a drinking problem exists if we need alcohol in order to function, or if we use alcohol in such a way that it impairs our functioning. (p. 10)

Fill in the number "1 on the scanning sheet for *each* of the following statements that apply to you.

16. 22 parent(s) have/had a drinking problem
17. 58 relative(s) other than parents have/had a drinking problem
18. 74 friend(s) at CMU have/had a drinking problem
19. 67 friend(s) other than CMU friend(s) have/had a drinking problem
20. 89 I know a CMU student who has/had a drinking problem

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

21. 56 There has been an increase in alcohol related student problems at CMU during the last few years.
22. 66 CMU should budget additional funds (other than for personnel) for alcohol education and prevention.
23. 61 CMU should budget additional funds for personnel to work on alcohol education and prevention.
24. 72 An alcohol education specialist should be on the CMU staff.
25. 26 I know a former CMU student who left CMU in part due to an alcohol related problem.
26. 79 I know a student whose academic performance has been interfered with due to alcohol usage.
27. 92 I know of damage to residence hall property that occurred as a result of drinking alcohol.
28. 22 I know a student who was expelled from CMU due to an alcohol related disciplinary action.

Fill in the number "1" on the scanning sheet for *each* of the following statements with which you agree.

Alcohol related problems and disturbances by some CMU students have caused:

29. 86 Mt. Pleasant residents to have a negative image of CMU.
30. 45 the CMU Board of Trustees to have a negative image of CMU.
31. 36 the Michigan State Legislature to have a negative image of CMU.
32. 51 CMU alumni to have a negative image of CMU.
33. 68 Parents of current CMU students to have a negative image of CMU.

Turn to next page . . .

Fill in the number "1" on the scanning sheet for each of the following topics you would like to learn more about.

34. 51 the drug alcohol, its absorption, effects, metabolism, and related behavioral changes
35. 43 driving when intoxicated
36. 53 alcohol related intoxicated behavior
37. 67 alcohol related antisocial or destructive behavior, including rapes or suicide
38. 81 how to help family or friends who are so intoxicated they have lost control of their behavior
39. 69 ways of using alcohol which are positive and not potentially harmful
40. 50 the effects of alcohol consumption of physical or psychological health
41. 61 social activities where alcohol is not a primary focus
42. 54 responsible drinking
43. 45 alcoholism
44. 49 choosing not to drink
45. 52 campus (CMU) resources available for students and faculty with alcohol problems
46. 49 community resources (other than CMU) available for students and faculty with alcohol problems
47. 36 how to become involved in an alcohol education and responsible drinking program at CMU
48. 34 how to become involved in a drug education and drug abuse program at CMU
49. 44 chemical dependency
50. 81 how to help a student, friend or family member who has a drinking problem
51. 34 CMU alcohol policy
52. 58 how to live with an alcoholic spouse, parent, relative or roommate
53. 84 how to recognize, identify and refer an individual with an alcohol problem

For *each* of the following people or places you could refer a person with an alcohol problem, fill in the number "1" on the scanning sheet for those places you would feel comfortable referring a CMU student.

54. 3 I feel no one would be helpful
55. 15 The student would not seek help
56. 38 parent(s)
57. 41 brother(s) or sister(s)
58. 31 husband or wife
59. 50 friend(s)
60. 86 Resident Assistant (RA)
61. 83 Residence Hall Director (RHD)
62. 28 CMU instructor or professor
63. 20 CMU administrator
64. 37 high school counselor
65. 31 high school teacher
66. 45 religious leader at CMU
67. 34 religious leader elsewhere
68. 23 Wesley Foundation
69. 97 CMU Counseling Center
70. 55 Family Counseling Services of Central
71. Michigan
72. 51 Mt. Pleasant Counseling Services
73. 25 Ojibwa Substance Abuse Services
74. 35 Central Michigan Community Hospital - Mental Health Program
75. 24 Central Michigan Mental Health Clinic
76. 24 Counseling Center - Alma
77. 20 New Horizons Behavioral Guidance & Consultation Services
78. 13 Professional Christian Counseling - Ithaca
79. 68 Alcoholics Anonymous
80. 53 Al-Anon

Fill in the number "1" on the computer readable scanning sheet for *each* of the following statements about students using drugs other than alcohol for recreational or non-medical purposes, that you have observed in your role as a CMU faculty member, RHD, or RA.

81. 74 I know of (a) CMU student(s) whose use of marijuana has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
82. 35 I know of (a) CMU student(s) whose use of cocaine has interfered with school, health, work, friendships, leisure time activities, or relationship with family.
83. 35 I know of (a) CMU student(s) whose use of drugs other than alcohol, marijuana or cocaine has interfered with school, health, work, friendships, leisure time activities or relationship with family.

The following information would be useful to us for data analysis purposes. Fill in the appropriate space on the scanning sheet for the *one* response which applies to you.

84. College or school affiliation

1. 33 College of Arts & Sciences
2. 37 School of Business Administration
3. 21 School of Education, Health and Human Services
4. 9 Not applicable

Missing data = 5

85. Racial/Ethnic Background

1. 1 American Indian or Alaskan Native
2. 5 Black, not of Hispanic origin
3. 2 Hispanic
4. 1 Asian or Pacific Islander
5. 92 White, not of Hispanic origin

Missing data = 7

86. Sex

1. 45 male
2. 55 female

Missing data = 3

87. Specify the one most appropriate designation

1. 0 Faculty
2. 9 RHD
3. 91 RA
4. 0 Student only

Missing data = 4

RHDs and RAs only.

88. Current Residence

1. 44 co-ed residence hall
2. 24 all male residence hall
3. 33 all female residence hall

Missing data = 3